



## **FASTEST CIRCUMNAVIGATION USING ONLY HUMAN POWER**

The following act as a guide to the specific considerations and undertakings, in addition to the general requirements as detailed in the General Rules of the Record Breakers' Pack, for any potential attempt on the above record.

They should be read and understood by all concerned – organisers, participants and witnesses – prior to the event.

Please note that, as detailed in the Agreement Regarding Record Attempts, these guidelines in no way provide any kind of safety advice or can be construed as providing any comfort that the record is free from risk.

### **GUIDELINES**

The record for the Fastest circumnavigation using human power is based on the time taken to circumnavigate the Earth using only human-powered means of transport.

1. For the purposes of this record, a circumnavigation involves a journey that starts and finishes at the same place. The total distance travelled must exceed the length of the Tropic of Capricorn, namely 36,787.559 km. The Equator must be crossed at least once. All lines of longitude must be crossed.
2. The journey must proceed in one direction only, i.e. either East to West or West to East. Any travel in the direction opposite to the general direction of travel will be deducted from the total. No doubling back is allowed. If the same stretch is covered more than once, that stretch may only count towards the overall distance once.
3. The traveller may travel on foot or use any machine that is propelled solely by his/her own power. This would include, for example, bicycles, rowing boats, kayaks, skateboards etc. but excludes wind-powered vehicles and vessels of any kind.
4. The record is based on the overall elapsed time between the start and finish of the journey. Breaks or stops may be taken whenever desired but no time may be deducted for any reason.
5. Each leg of the journey must resume at the exact point at which the last ended.
6. It is not permissible for the traveller to be transported by any means other than under their own power at any time between the start and finish of the journey.
7. The route should be planned so that 'impassable' obstacles such as deserts, mountain ranges etc. are avoided.
8. The traveller is allowed the benefit of a support team if desired. However, at no time may the traveller be transported aboard the support vehicle or vessel. Note that at sea this means that the traveller or his/her vessel may not come into physical contact with the support vessel at any time.

## **AUTHENTICATION**

### **GPS**

The progress of the entire journey must be monitored by means of regular automatic timed GPS position reports which are transmitted onwards to a separate station. The onward transmission may be via Inmarsat, Argos or another system capable EITHER of collecting the data and automatically forwarding it at preset intervals OR of being polled by the base station (or both). The essential feature is that the timed GPS position reports must be collected and forwarded without any action by the traveller/s themselves. The data collected in this way must be submitted with the record claim and must be certified as being true and accurate by the person/persons manning this station. This GPS data will serve as confirmation of the distance travelled.

### **Documentation**

Copies of the traveller/s passport/s must be submitted (only the front page and the pages relevant to this particular journey). Additionally, receipts and credit card statements should be submitted as additional confirmation of the traveller/s journey. Copies of news coverage generated by the journey in various countries, if available.

### **Log Book**

This book should give an adequate description of the event and full details of the participant(s) daily/overall performance.

It must be clear from the book the exact start and finish points of each leg of the attempt, the exact start and finish times and calculation of daily and total distances travelled.

All rest breaks or stoppages for whatever reason must also be fully detailed in the log.